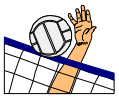

OCA/YMCA Youth Sports
FALL SPORTS SIGN-UPS! For K-6 OCA Students
K-6th CO-ED Soccer - (5th & 6th) Flag Football & Volleyball
Season: Aug 23rd - Oct 18th

Registration: BY MAIL!!!!

Mail registration form and fee to: Joyce West, 6813 North 102nd Ave Circle, Omaha, NE 68122

Please have arrive by July 1st, or you will be accessed a $10.00 Late Fee!
COST: $50.00 per player

Checks made payable to: **"Youth Sports"- (they will be deposited on July 19th)**
Kids of non-OCA families may sign-up and be put on a waiting list until 7/1 for openings.
All efforts will be made to have *all* the kids that sign up be put on an OCA team at their grade level.

PRACTICES: Will be twice a week before the season (about 2 weeks before the season starts), once a week after the season begins, with the coaches picking the date, time & place. (Hour Long Practices)

MISC INFO: All Soccer teams will probably play on Saturdays at the West YMCA. (78th & Maple). 5th – 6th may have some weekday evening games. Volleyball will be played at the YMCA on Saturdays. Flag Football will be played during the week (mostly on Thursdays) at the YMCA. The schedule is setup that volleyball/football will not conflict with soccer, if a child would like to do both.

SOCCER: Kindergarten 4 vs 4,1st Grade Play 5vs5, 2nd Grade Play 6vs6, 3rd & 4th Play 7vs7, 5th & 6th Play 9vs9

FLAG FOOTBALL: Is played with 5 on the field with a maximum of 10 players on a team.

VOLLEYBALL: Is played with 6 players on the court with a maximum of 12 on a team.

All Fall Sport teams will go by Grade levels!
We may move students up one grade level so that OCA teams can be formed!!!

PURPOSE OF OCA/YMCA YOUTH SPORTS: To provide an opportunity for **all** OCA students a chance to play together as a team in accordance with the philosophy of the YMCA's **recreational** Youth Sports program. To put Christian principles into practice through programs that build a healthy body, mind, and spirit for all. Everyone plays at least 1/2 of every game, there will be an emphasis of participation, teamwork & fair play. With the YMCA & the OCA/YMCA Youth Sports programs, winning is not emphasized at the recreational level. There are other leagues that provide a competitive atmosphere for the competitive player. You must provide own medical insurance & personal equipment as needed. (In soccer, shin guards are needed and in Volleyball kneepads are recommended.)

COACHES: **There must be a volunteer coach for every team!** Sports specific knowledge is helpful to be a coach, but not mandatory, enjoying children & wanting to teach & **be a positive role model** are the most important qualifications. You must be able to hold practices once a week. A Code of Conduct Form will need to be signed.

SHIRTS: Players must wear an OCA Youth Sports T-shirt for all games. We are using the "NEW", navy shirt. The cost is $8.00 and will reflect the new school colors of navy and gold. (Parent may purchase also!)
Sizes: SM 6-8, MED 10-12, LG 14-16 and Adult Sizes: SM, MED, LG, XLG

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OCA Youth Fall Sports Registration Form

Please Mark which Sport: ____ **Flag Football** ____ **Volleyball** ____ **Soccer**

Child's Name(one per form please!) _____ Birth date __/__/__ SEX B G GRADE in Fall _____ Shirt size: ____

Address: _____ Zip: _____ Phone: _____

Total $ _____ Made Payable to: "Youth Sports" is attached. * **Email Address:** _____

Would you like to volunteer as a Coach or as an Asst. Coach? _____

I have read and understand the above and give my permission for my child to participate:

Date: ____ Parent Signature: _____ Parent's Name(s):_____

Any Questions do not call the school!
Contact Terri Zimmerle, Youth Sports Co-coordinator at 493-2850, PAN or email: TZimmerle@aol.com
Mail registration form and fee to: Joyce West, 6813 North 102nd Ave Circle, Omaha, NE 68122
***before* July 1st, to avoid the late fee!**

Youth Sports Committee Use: Sign up# _____ * Email is our primary way of communicating.