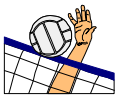

OCA/YMCA Youth Sports
FALL SPORTS SIGN-UPS! For K-6 OCA Students
K-6th CO-ED Soccer - (5th & 6th) Flag Football & Volleyball
Season: Aug 18th - Oct 13th

Registration: Thursday, May 17th! (3:15 – 5:45pm in the downstairs foyer)

COST: $49.00 per player – (Late Registration Fee: +$10.00 after June 15th!)

Checks made payable to: **"Youth Sports"- (they will be cashed on July 7th)**

Kids of non-OCA families may sign-up and be put on a waiting list until 6/15 for openings.

REGISTRATIONS: May be made by parent, child, carpool person, friend, or anyone that can stand in line and hand in a completed, signed registration form with the registration fee. No one may sign up more than 2 kids that are not their own. New OCA families will be contacted in June for a chance to register also. NO EARLY REGISTRATIONS! It is on a first come, first serve basis. Long lines may form. There are no guarantees. All efforts will be made to have *all* the kids that sign up be put on an OCA team at their grade level.

PRACTICES: Will be twice a week before the season (about 2 weeks before the season starts), once a week after the season begins, with the coaches picking the date, time & place. (Hour Long Practices)

MISC INFO: K-4th grade Soccer teams will probably play on Saturdays at the West YMCA. (78th & Maple). 5th – 6th grade Soccer teams will NOT play at Carol Gast Fields. (A new location has yet to be established.) Volleyball will be played at the YMCA on Saturdays. Flag Football will be played during the week (mostly on Thursdays) at the YMCA.

SOCCER: Kindergarten Play 3vs3, 1st Grade Play 4vs4, 2nd Grade Play 6vs6, 3rd & 4th Play 7vs7, 5th & 6th Play 9vs9

FLAG FOOTBALL: Is played with 5 on the field with a maximum of 10 players on a team.

VOLLEYBALL: Is played with 6 players on the court with a maximum of 12 on a team.

All Fall Sport teams will go by Grade levels!
If possible teams will be made up of one grade level!!!

PURPOSE OF OCA/YMCA YOUTH SPORTS: To provide an opportunity for **all** OCA students a chance to play together as a team in accordance with the philosophy of the YMCA's **recreational** Youth Sports program. To put Christian principles into practice through programs that build a healthy body, mind, and spirit for all. Everyone plays at least 1/2 of every game, there will be an emphasis of participation, teamwork & fair play. With the YMCA & the OCA/YMCA Youth Sports programs, winning is not emphasized at the recreational level. There are other leagues that provide a competitive atmosphere for the competitive player. You must provide own medical insurance & personal equipment as needed. (In soccer, shin guards are needed and in Volleyball kneepads are recommended.)

COACHES: There must be a volunteer coach for every team! Sports specific knowledge is helpful to be a coach, but not mandatory, enjoying children & wanting to teach & **be a positive role model** are the most important qualifications. You must be able to hold practices once a week. A Code of Conduct Form will need to be signed.

SHIRTS: Players must wear an OCA Youth Sports T-shirt for all games. After at least 15 years, **there will be a "NEW" Youth Sports shirt this fall.** The cost will still be $8.00 and will reflect the new school colors of navy and gold, and have a new imprint. Sizes: SM 6-8, MED 10-12, LG 14-16 and Adult Sizes: SM, MED, LG, XLG

✂- - - - - ✂ - - - - -✂- - - - -✂- - - - - ✂- - - - - ✂- - - - - ✂- - - --✂- - - -

OCA Youth Fall Sports Registration Form

Please Mark which Sport: ____ **Flag Football** ____ **Volleyball** ____ **Soccer**

Child's Name (one per form please!) _____ Birth date __/__/__ SEX B G GRADE in Fall _____ Shirt __size: ____

Address: _____ Zip: _____ Phone: _____

Total $ _____ Made Payable to: "Youth Sports" is attached. **Email Address:** _____

Would you like to volunteer as a Coach or as an Asst. Coach? _____

I have read and understand the above and give my permission for my child to participate:

Date: ____ Parent Signature: _____ Parent's Name(s):_____

Any Questions do not call the school!

Contact Terri Zimmerle, Youth Sports Co-coordinator at 493-2850, PAN or email: TZimmerle@aol.com

If you miss sign-ups... Please mail registration form and fee to: Terri Zimmerle, 5610 N 142nd Ave, Omaha, NE 68164, *before* June 15th to avoid the late fee!

Youth Sports Committee Use: Sign up# _____